### August Newsletter

# TEMORA PUBLIC SCHOOL



#### PRINCIPAL'S REPORT

Mrs Erin Pike



We have had a fantastic start to the term with many more great opportunities for our students to come. There have been numerous success stories in both the academic and sporting arenas. Our NAPLAN results have been returned with exceptional results all round; in particular mathematics. Students in Primary continue to participate in maths streaming classes every Monday, Tuesday and Wednesday. Explicit teaching through a focus on the numeracy block ensures that all students are accessing relevant and engaging lessons, tailored to the individual learning needs of each child.

Congratulations to Mrs Renae Sinclair who will take on the K-2 Learning and Support Teacher role. Mrs Sinclair has spent the past two weeks testing students in both literacy and numeracy to create small group and individual learning plans. Students have been selected to participate in "bump it up"



groups, which will ensure learning needs are catered for across all levels. This is a fantastic opportunity to further develop our students knowledge in literacy and numeracy.

Mrs Erin Pike Principal

# IMPORTANT DATES & EVENTS

Week 6: 21st - 25th August

Monday, 21st August: Book Week Parade at 12:55pm. PSSA Rugby Union all week in Cambden.

Tuesday, 22nd August: ICAS Spelling.

Wednesday, 23rd August: ICAS Science. Wellbeing reward day.

Thursday, 24th August: Trent Barrett Shield.

Friday, 25th August: Riverina Athletics Carnival in Albury.

Week 7: 28th August - 1st September

Monday, 28th August: ICAS Maths test

Wednesday, 30th August: Temora's Got Talent at Temora High School MPU, starting at 6pm.

Friday, 1st September: Footy Friday for Father's Day. THS and Beyond for Stage 3.

# ASSISTANT PRINCIPAL NEWS

Hi parents and TPS community,

My name is Alice Evans and I am the recently appointed Assistant Principal, Curriculum and Instruction. I would like to take this opportunity to introduce myself, share my teaching background and give you an insight into what my role at TPS will look like.

I started my career teaching casually across the Riverina, before moving to Brewarrina for a year to teach rurally. I then moved to Temora and have spent the last 6 years teaching at Temora West. I coordinated various activities such as the debating team, the whole school spelling bee, the multicultural public speaking competition, PSSA sporting groups, and more recently, trained as a NAPLAN marker for Writing.

At the moment I am spending one day in each classroom over the next few weeks before my role officially begins in Week 9. I have enjoyed speaking to students on the playground and seeing some wonderful teaching and learning take place in classrooms. I was pleasantly surprised at the streamed Maths groups across 3-6 classes and saw first-hand how beneficial this is for students. I have enjoyed hearing so many students share what they are currently reading with me, pick books to read based on their AR level and allow me to watch them complete their AR reading tests online.

My role will focus on literacy and numeracy, assessment and supporting teachers in the classroom to implement the new syllabuses.

I will work alongside teachers to improve teaching and learning practices and provide Professional Learning opportunities to staff. I have analysed the recent NAPLAN data and will coordinate the check-in assessments for Year 6 at the end of this term. I look forward to meeting you all, and becoming a part of your school community.



# RESILIENCE PROJECT



#### **Parents & Carers**

#### **Emotional Literacy**

Emotional Literacy is being able to recognise and name our emotions. If we can label our emotions, then we can start to understand the why and begin to problem solve to work through what it is that we're going through.



It is important to know that it is okay to feel all the emotions! The key is to understand these and be able to use strategies to manage our emotions effectively. Below is an example of a mood scale; this is a handy visual to use with children but can also be a handy tool to use for adults! Throughout the day we will move up and down the mood scale as we feel different emotions.



#### REFLECTING ON EMOTIONS

- Have a think about times when you have felt like you were at the top end of the mood scale, in the orange or red.
- What were the triggers that made you feel like this?
- Think about the emotions you were feeling, it could have been anger, extreme sadness, furiousity, high anxiety, etc.

#### MOOD CHANGERS

- Now think about how you were able to bring yourself back down on the mood scale.
- Do you already have strategies in place, or could you build up your 'mood changer' toolbox?
- Some examples of mood changes could be:

DEEP BREATHS

PLAYING WITH YOUR PET

**PLAYING MUSIC** 

A HUG FROM YOUR CHILD/REN

MINDFULNESS

Click here or scan the QR code to download a catastrophe scale template that you could print and use as a family.



Click on the image or scan the QR code to listen to Dr. Emily, a psychologist who talks about Emotional Awareness on the podcast, 'the imperfects'.





Click on the image or scan the QR code to listen to Lael Stone on the podcast, 'the imperfects'. Lael is an educator and a parenting expert.

If you enjoyed that episode, click here to listen to her most recent episode too.







The Resilience Project is proud to partner with Coles to support students, teachers and parents to become happier, healthier and more resilient. We are grateful for the commitment and shared vision of Coles to support the mental health of all Australians.

education@theresilienceproject.com.au (03) 9113 9302 | theresilienceproject.com.au





# STUDENT SUCCESS



Riverina Rugby Union



PSSA Athletics Champions and Runners Up



Winners of the Art Centre competition.







Students who reached their Accelerated Reader goal.

# WHAT'S HAPPENING AT TPS ...



## EDUCATION WEEK



In week three we celebrated Education Week with a jammed pack week full of activities and fun. On Monday we held our "Meet and Greet Monday" which was all about welcoming families into our classrooms to see all of the hard work their children have been doing. On Tuesday our Year 6 students led Premiers' Sporting Challenge activities for our Year K-5 students during "Teamwork Tuesday". Students rotated through a variety of sports and games that were prepared by our leaders. "Wellbeing Wednesday" was a day full of laughter and fun. Wellbeing activities and games were played throughout their lunch break, including lolly guessing games, tug of war and egg and spoon races. On Thursday we welcomed community members into our school as well as participating in local excursions to businesses through our "Talented Thursday" initiative. There were art classes run by Wendy Reardon at the Art Centre, paper making with Mrs Narelle Williams, Nail art with Mrs Belinda Maxwell, cooking at Temora High School and visits to Intersales and Moses and Sons. The anticipation was built for "Future Friday" through an interview with Triple M radio with our Assistant Principal, Mrs Claire Reid. Students dressed up as what they wanted to be when they grow up, they also participated in a walk around of the "occupations through vehicles" display. We would like to thank our supportive community for participating in this fantastic opportunity. Thank you; Intersales Temora, Hutcheon & Pearce, Temora Police, Temora Fire Brigade, Temora Ambulance, Temora Truck & Tractor, Lilmabell Farming, NRMA Temora, Temora Shire Council- Garbage Truck, Harvey's Concrete Temora, Temora Fuel Distributors, Total Mechanical Electrical, Perry's Bus Service, Fuller's Earthmoving and Essential Energy Temora.







# YEAR 3/4R SPOTLIGHT

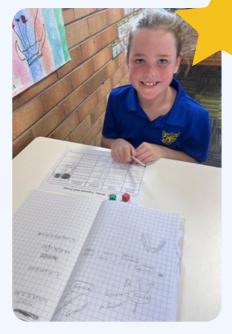


















# STAFF SPOTLIGHT



### MS MURIEL NAPPER



*Current role at TPS:* Yr 5/6 Classroom Teacher.

**Teaching experience:** I've been teaching for 30 years, from Kindergarten to adults, across four countries!

Interests: Travelling, hiking and sports
Favourite song: Anything I can dance to!
What I love about TPS: The awesome staff at TPS who work together as a caring, wonderful team. They all have the students at heart - I love that!

Staff appreciation comments about Ms
Napper: Muriel has a deep care for ALL of
her students. She goes out of her way to
make sure their learning needs are catered
for as well as focusing on their wellbeing"
Mr Jared Maxwell



# CLASS AWARD



CONGRATULATIONS
TO 5/6 BLACK FOR
WINNING THE
CLASS OF THE
WEEK AWARD!





# STAFF SPOTLIGHT





### MRS AIMEE MADDEN

Current role at TPS: School Administration Officer (SAO)

**SAO/SASS experience:** 12 Years in total at TPS in both SLSO and SAO admin roles.

*Interests:* Listening to music and family time - hopefully caravaning one day!

Favourite song: "Fast Car" by Luke Combs

What I love about TPS: I love the relationships that I have built with all of the staff and students over the past 12 years.

Staff appreciation comments about Mrs Madden: "Aimee is extremely patient, compassionate and

welcoming. She has fantastic customer service skills, her ability to handle any situation with respect and resilience is admirable" Mrs Lyndall

Taprell & Mrs Courtney Heinrich



# YEAR 4 DRUMBEAT









Year 4 students are participating in the Drumbeat program run by Mrs Anne Macauley. Drumbeat aims to help students work collaboratively and to enjoy the freedom of rhythm.

# COMMUNITY ANNOUNCEMENTS



















# COMMUNITY ANNOUNCEMENTS

### <u>Tuesday</u>

Hospitality 4pm-5:30pm



### <u>Wednesday</u>

Culture and
Performing Arts
4:30pm-5:30pm

Hospitality 4pm-5:30pm



### <u>Friday</u>

Gaming





# COMMUNITY ANNOUNCEMENTS



BEGINNER SESSIONS - COMMENCING SATURDAY 9TH SEPTEMBER - 9-10AM PLEASE NOTE: PRESCHOOL TO YEAR 2, YEARS 1 & 2 ARE FOR CHILDREN WHOM HAVE NOT PARTICIPATED BEFORE I.E. DOES NOT SHOWCASE BASKETBALL READINESS.

DATES INCLUDE:

9/9/23: 16/9/23: 23/9/23 SCHOOL HOLIDAYS: 14/10/23: 21/10/23 & 28/10/23

COST PER PLAYER \$25 + NSWBBALL REGISTRATION

INTERMEDIATE COMPETITIONS - MONDAY 11TH SEPTEMBER - 4:30-6:30PM PLEASE NOTE: YEARS 1 TO 6, MUST SHOWCASE BASKETBALL READINESS AND TOO, THE TEAMS WILL BE SELECTED BASED ON GENDER AND AGE APPROPRIATENESS.

HIGH SCHOOL COMPETITIONS - MONDAY 11TH SEPTEMBER - 6-7:30PM

DATES INCLUDE:

11/9/23: 18/9/23 SCHOOL HOLIDAYS: 9/10/23: 16/10/23: 23/10/23 & 30/10/23

COST PER PLAYER \$25 + NSWBBALL REGISTRATION